

Junior Lawn Bowling OLBC Level 4 - Red

Introduction to Triples

1. Terminology You must know the following terms:

Measuring tape	a tape used to measure the distance between the jack and a bowl to determine which team's bowl is shot
Toucher	a delivered bowl that touches the jack, even if it comes to rest in the ditch is a toucher and is a 'live bowl' (still in play). It should be marked with chalk.
Chalk	can be regular chalk or spray. Used to mark a 'toucher'
Back bowl	a bowl which finishes behind the jack or head
Jack high	a bowl that finishes at the same level as the front edge of the jack
Blocker:	a bowl positioned on the green such that it will stop an opponent's bowl from reaching a defined point, usually the jack
Dead bowl	any bowl that finished in the ditch or outside the boundary line. However, if it touched the jack on its original delivery, it remains live even if in the ditch as long as it is within the boundary lines
Grass	when told to give more or less grass, it means to bowl wider (more grass) or narrower (less grass) in order for your bowl to land in a certain spot.

2. Rules Be familiar with the following rules:

Foot fault	players are required to keep at least one foot on the mat or above the mat during delivery
Jack in the ditch	a jack landing in the ditch and within the boundaries of the rink is still considered to be in play
Jack out of bounds	a jack which is hit out of bounds will be placed on the re-spot (2 m. from the ditch on the centre line)
Re-spot	a jack which is hit out of bounds or is not set in bounds by either lead, will be re-spotted (placed on a spot 2 m/ from the ditch on the centre line)

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3. Triples Be familiar with the positions and responsibilities of players in triples:

Lead places the mat at least 2 m. from ditch and centered on the rink number
delivers the jack and makes sure it is centered
delivers the first three bowls, alternately with other lead
rakes bowls at comp of end (if lost end) or sets mat and is ready to deliver the jack

Vice: delivers next three bowls, alternately with other vice
upon completion of the end, measures bowls if they are close. The vice who does not have shot will do the measuring
reports the number of points for or against, to the skip, using proper hand signals

Skip is in charge of the team
tosses a coin or rolls a bowl to determine who gets mat or last bowl
calls the shots to be made
keeps score

Members of both teams should shake hands before and after the game

4. Skill Doing the 'Bowls in the Basket' drill, Demonstrate that you are able to:

Deliver 2 out of 4 bowls into the 3' and 2' basket which is set at the hog line (forehand and backhand).